Technical Newsletter

From PL Technical Desk

PL Capital

Date: 14th July 2025

* Sensex 83500.47 - 689.81

* Nifty 25149.85 - 205.40





*Blue candle \rightarrow Close rate > Open rate * Red candle \rightarrow Close rate < Open rate

- 205.40 * Bank Nifty 56754.70 - 201.30

Market Preview

Nifty slips below important 25250 zone

Nifty plunge below the important suport zone of 25250 level with bias slightly turning weak and further slide can be anticipated. BankNifty however has still maintained the positive bias as of now with some profit booking witnessed and would need to sustain the 56000 zone. The market breadth was weak with the advance decline indicating a ratio of 1:2 at close.

Market Forecast

Nifty daily range 25000-25300

Nifty amid heavy profit booking plunged below the important support zone of 25250 level with bias slightly becoming weak and has the next crucial support near 24900 zone of the significant 50EMA level which needs to be sustained to maintain the overall trend intact. Volatility in the index shall continue with the ongoing result season and on the upside, as mentioned earlier, a decisive breach above the 25650 zone is necessary to trigger for fresh upward in the coming days.

BankNifty, witnessed some erosion in the morning session but consolidated thereafter to end near the 56750 zone with bias still maintained intact having the important and crucial support positioned near the 56000 level which needs to be sustained as of now. At the same time, the index would need to breach above the resistance level of 57600 and thereafter, expect for fresh higher targets of 58500 and 60000 levels in the coming days.

The support for the day is seen at 25000 levels while the resistance is seen at 25300 levels. BankNifty would have the daily range of 56400-57300 levels.

Indices	Period	Closing	% Chng	Trend	Reversal	2 Sup	1 Sup	Pivot	1 Res	2 Res
Nifty	Daily	25149.85	-0.81%	-8	25505.60	25007	25078	25200	25272	25394
	Weekly	25149.85	-1.22%	-1	25391.05	24861	25005	25276	25421	25692
	Monthly	25517.05	3.10%	2	25312.05	24028	24772	25217	25962	26407
	Daily	56754.70	-0.35%	-8	57133.00	56335	56545	56818	57028	57301
Bank Nifty	Weekly	56754.70	-0.49%	-1	57202.00	56174	56464	56902	57192	57630
	Monthly	57312.75	2.80%	3	54910.25	54237	55775	56687	58226	59138
	Daily	82500.47	-0.83%	-3	83592.40	82063	82282	82661	82880	83260
Sensex	Weekly	82500.47	-1.12%	-1	83265.25	81554	82027	82917	83390	84280
	Monthly	83606.46	2.65%	2	81262.65	79027	81317	82703	84992	86378

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Gainers - Losers (Nifty 500 Stocks) Gainers Losers Company Name Last Price % Gain Volume Company Name Last Price % Loss Volume Soma Textile 1051594 Parsvnath 64.66 19.99 23.94 -10 5510069 Jindal Worldwid Forge Auto Intl 8991380 145.05 19.98 169200 42.87 -8.04 PC Jeweller Maxposure 67 19.96 187000 17.35 -7.37 121615642 Visaman Global Peninsula Land 67.95 19.95 135000 -7.04 40.27 2881233 Tarmat 1298064 Zota Health Car 62.28 14.78 1203.2 -6.87 116061 Glenmark 15678334 DCM 1034314 2181.1 14.55 118.18 -6.72 Salona Cotspin 13.73 269917 **PTL Enterprises** 282.4 43.05 -6.62 350008







Nifty Daily chart with RSI indicator



BankNifty Daily chart with RSI indicator

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Nifty Bank Index - 10 - NSE 056,843.45 H57,091.05 L56,607.75 C56,754.70 EMA-SMA-SMA 55,745.83 53,386.26 52,279.23	0.786 (60,118.20)	60,000.00
	0.618 (57,464.20)	58,000.00
	0.5 (55,600.10)	56,754.70 56,000.00
	Maria	50,000.00
	0.382 (53,736,05)	54,000.00
	A Maria	52,000.00
		50,000.00
White the fighter	A (47,701.40)	48,000.00
N. W. W.		
Manda		46,000.00
Mun Man Man Man Man Man Man Man Man Man Ma		44,500.00
Market		43,300.00
N W THE P		42,100.00
		40,900.00
		39,900.00
		38,900.00
		37,900.00
		36,900.00
		36,000.00
RSI 53.27 57.37 Ø Ø		80.00
A many And A A A A	m Mmmm	
March Phan A Pha	the way of any of the second	60.00
	Mar Mara Man	40.00
	V	750M
Vol. 95.54M		500 M
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Nov Dec 2023. Mar May Jun Jul Aug Sen. Nov. 2024. Feb Mar May	Jul Aug Sen Oct Nov 2025 Mar Nav Jun Jul Sen O	



Breako	uts - Cross ab	ove 200 DMA	Breakdown - Cross below 200 DMA					
Company Name	LCP	Change %	200 DMA	Company Name	LCP	Change %	200 D	
Salona Cotspin	282.4	5.07	268.78	Thomas Cook	162.87	-2.79	167.5	
Atmastco L	232.1	4.52	222.06	CAMS	4069.6	-2.59	4177.9	
IUL	2519.6	4.45	2412.36	Apollo Tyres	458.6	-2.35	469.6	
Blobus Spirits	1008	3.94	969.78	Chambal Fert	535.2	-2.29	547.7	
Inited Nilgiri	459.35	3.08	445.62	Websol Energy	1290.4	-2.18	1319.2	
Signet Ind	63.66	2.58	62.06	Narmada Agrobas	17.39	-2.03	17.7	
lectro Force	53.75	2.52	52.43	Bang Overseas	56.44	-1.98	57.5	
landani Creatio	42.86	2.39	41.86	DNL	184.19	-1.41	186.8	
ansal Wire Ind	405.65	2.35	396.34	Suryalakshmi Co	73.96	-1.39	75	
oyal Textiles	341.6	2.13	334.46	Himadri Special	499.2	-1.37	506.1	
ffwa Infra & R	229	1.71	225.16	Gopal Snacks	351.4	-1.25	355.8	
BM Inter	60.38	1.46	59.51	Sinclairs Hotel	95.6	-1.18	96.74	
leidelberg Cem	211.78	1.43	208.79	Man Infra	182.71	-1.16	184.8	
Arihant Capital	88.81	1.14	87.81	MMTC	67.96	-1.09	68.7	
luniper Hotels	314.45	0.86	311.77	Prataap Snacks	1070.7	-1.06	1082	
BC Exports	16.16	0.81	16.03	J Kumar Infra	710.1	-1.04	717.5	
anacea Biotec	416.15	0.81	412.8	Shemaroo Ent	136.03	-0.95	137.3	
rchidply Decor	91.44	0.58	90.91	Maral Overseas	73.77	-0.89	74.4	

* Stocks crossing above its Simple Moving Average (200DMA)

* Stocks crossing below its Simple Moving Average (200DMA)





Stocks witnessing a volume surge as compared to their 5 day average volur

Watch out for the stocks that have seen a huge spurt in its share price over the last three days

	Volume	Shocker	rs - NSE		Price Shockers - NSE					
Company name	LCP	% Chg	Volume	Avg Vol	* % Chg	Company name	LCP	Prv Close	% Chg	Volume
Tarmat	62.28	14.78	13800	9306	1298064	Forge Auto Intl	145.05	86	68.66	169200
Sumeet Ind	133.91	4.99	7402	6693	502782	Soma Textile	64.66	46.52	38.99	1051594
KCK Industries	44.55	0.45	13600	5047	700000	Virinchi	28.77	21.28	35.2	1647213
Century Extr	24.2	10.25	170653	3292	5789259	Nila Spaces	15.24	11.84	28.72	7971958
Cool Caps	79.1	-1	8400	3174	275000	Maxposure	67	52.85	26.77	187000
Netweb	1947.4	7.43	163390	2283	3893986	Univastu India	290.67	237.49	22.39	842910
Anand Rathi	2211.7	4.33	73785	2217	1709685	Religare Enterp	270.84	221.55	22.25	13535762
JagsonpalPharma	242.09	5.08	48534	1678	863078	Peninsula Land	40.27	33.3	20.93	2881233
Soma Textile	64.66	19.99	63467	1557	1051594	Glenmark	2181.1	1830.5	19.15	15678334
Shanti Overseas	11.43	-3.79	46188	1519	747979	Mamata Machiner	490.5	415.65	18.01	25173191
Datamatics Glob	732.15	8.77	217284	1489	3453300	Wendt	11258	9573.5	17.6	89370
Visaman Global	67.95	19.95	10800	1150	135000	SPML Infra	277.59	236.55	17.35	2371216
Avro India	161.78	-1.4	13258	1099	158998	Country Club	19.32	16.63	16.18	118731
RPP Infra Proj	141.13	2.61	55468	1068	647761	AKI India	15.52	13.36	16.17	548171
Krishna Institu	709.85	-0.57	59456	1041	678163	Signpost India	262.86	226.29	16.16	1671293
Royal Orchid	395.7	1.28	30106	1019	336805	Sumeet Ind	133.91	115.69	15.75	502782
GPT Healthcare	175.83	7.89	344930	981	3727099	Loyal Textiles	341.6	295.15	15.74	6356
Elecon Eng	619.3	-4.53	555646	966	5924836	Shri Hare-Krish	80	69.15	15.69	168000
Tata Elxsi	6066	-1.16	152400	936	1578103	Tamil Telecom	25.66	22.18	15.69	37762
Cupid	118.52	8.14	1145071	892	11353714	On Door Concept	186.2	160.95	15.69	19500

* the Average Volume of last 5 days

* the % price rise of the last 3 days



Nifty 50 stocks - Summary Details											
Symbol	LTP	Chng	% Chng	Volume (lacs)	Turnover (crs.)	52w High	Diff with 52w H	52w Low	Diff with 52w L	365 days % chng	30 days % chng
NIFTY 50	25149.85	-205.40	-0.81%	2499.54	26248.43	26277.35	4.29%	21743.65	15.67%	1.00%	4.24%
ADANIENT	2562.90	-18.10	-0.70%	3.91	100.31	3258.00	21.34%	2025.00	26.56%	-1.23%	-16.63%
ADANIPORTS	1428.30	-14.80	-1.03%	8.20	117.81	1604.95	11.01%	995.65	43.45%	-2.08%	-3.00%
APOLLOHOSP	7200.00	-159.00	-2.16%	5.78	416.32	7635.00	5.70%	6001.00	19.98%	6.37%	15.42%
ASIANPAINT	2439.00	-12.20	-0.50%	10.50	258.03	3394.90	28.16%	2124.75	14.79%	10.47%	-18.20%
AXISBANK	1171.60	7.30	0.63%	44.69	523.61	1339.65	12.54%	933.50	25.51%	-5.56%	-9.86%
BAJAJ-AUTO	8074.50	-210.50	-2.54%	5.39	438.33	12774.00	36.79%	7089.35	13.90%	-3.95%	-13.18%
BAJAJFINSV	2012.60	-26.80	-1.31%	11.46	230.71	2135.00	5.73%	1523.25	32.13%	2.07%	28.87%
BAJFINANCE	933.00	-14.65	-1.55%	42.78	400.73	978.80	4.68%	642.50	45.21%	-90.02%	-86.57%
BEL	409.00	-4.50	-1.09%	151.81	621.40	436.00	6.19%	240.25	70.24%	4.05%	23.86%
BHARTIARTL	1925.70	-38.80	-1.98%	131.04	2522.21	2045.80	5.87%	1421.45	35.47%	5.78%	35.95%
CIPLA	1486.00	8.20	0.55%	9.21	136.34	1702.05	12.69%	1335.00	11.31%	-2.18%	-2.34%
COALINDIA	381.10	-2.95	-0.77%	46.76	178.57	543.55	29.89%	349.25	9.12%	-3.88%	-21.74%
DRREDDY	1255.00	-7.60	-0.60%	8.95	112.75	1421.49	11.71%	1020.00	23.04%	-6.39%	-80.85%
EICHERMOT	5606.50	-45.50	-0.81%	5.23	294.13	5906.50	5.08%	4508.75	24.35%	5.10%	16.56%
GRASIM	2769.90	-5.20	-0.19%	4.77	132.45	2896.00	4.35%	2276.95	21.65%	2.48%	-0.97%
HCLTECH	1633.30	-30.40	-1.83%	25.48	418.01	2012.20	18.83%	1302.75	25.37%	-0.26%	10.18%
HDFCBANK	1983.00	-23.20	-1.16%	62.58	1243.79	2027.10	2.18%	1588.05	24.87%	2.08%	23.37%
HDFCLIFE	757.75	-13.50	-1.75%	35.08	268.03	820.75	7.68%	584.30	29.69%	1.15%	21.89%
HEROMOTOCO	4203.00	-118.30	-2.74%	5.56	236.91	6246.25	32.71%	3344.00	25.69%	-1.32%	-21.56%
HINDALCO	671.00	-4.05	-0.60%	44.50	298.49	772.65	13.16%	546.45	22.79%	2.54%	-2.63%
HINDUNILVR	2520.00	111.60	4.63%	72.42	1820.76	3035.00	16.97%	2136.00	17.98%	0.55%	-7.74%
ICICIBANK	1422.00	-2.10	-0.15%	71.58	1016.53	1471.60	3.37%	1153.00	23.33%	0.08%	14.55%
INDUSINDBK	858.30	5.45	0.64%	38.49	330.42	1498.00	42.70%	606.00	41.63%	0.92%	-40.19%
INFY	1594.50	-21.30	-1.32%	113.91	1811.59	2006.45	20.53%	1307.00	22.00%	1.24%	-1.97%
ITC	416.65	-0.20	-0.05%	85.78	357.63	528.50	21.16%	390.15	6.79%	-2.38%	-7.66%
JIOFIN	325.40	-6.25	-1.88%	145.49	476.08	363.00	10.36%	198.65	63.81%	9.53%	-4.68%
JSWSTEEL	1038.80	-4.50	-0.43%	9.32	97.00	1074.90	3.36%	854.15	21.62%	4.01%	12.74%
KOTAKBANK	2216.00	12.20	0.55%	26.79	593.16	2301.90	3.73%	1679.05	31.98%	2.45%	20.44%
LT	3537.00	-37.70	-1.05%	14.40	511.15	3963.50	10.76%	2965.30	19.28%	-2.86%	-2.06%
M&M	3069.90	-92.50	-2.92%	30.40	939.95	3270.95	6.15%	2425.00	26.59%	3.09%	15.75%
MARUTI	12585.00	-65.00	-0.51%	1.94	244.39	13680.00	8.00%	10725.00	17.34%	1.04%	-0.96%
NESTLEIND	2404.00	2.60	0.11%	3.70	89.36	2778.00	13.46%	2110.00	13.93%	-1.23%	-8.22%
NTPC	342.40	0.95	0.28%	172.34	590.60	448.45	23.65%	292.80	16.94%	0.66%	-10.47%
ONGC	241.70	-1.39	-0.57%	56.08	135.60	345.00	29.94%	205.00	17.90%	-0.65%	-18.47%
POWERGRID	298.95	-0.30	-0.10%	70.73	211.09	366.25	18.38%	247.30	20.89%	-0.60%	-13.52%
RELIANCE	1495.00	-22.20	-1.46%	72.35	1082.35	1605.85	6.90%	1114.85	34.10%	5.47%	-52.12%
SBILIFE	1835.00	24.80	1.37%	7.71	141.20	1936.00	5.22%	1372.55	33.69%	1.38%	16.13%
SBIN	808.60	0.60	0.07%	62.02	501.57	899.00	10.06%	680.00	18.91%	-1.11%	-4.83%
SHRIRAMFIN	667.00	-1.75	-0.26%	49.31	329.23	730.45	8.69%	493.35	35.20%	-4.09%	-75.68%
SUNPHARMA	1674.30	11.80	0.71%	12.98	217.06	1960.35	14.59%	1550.00	8.02%	-1.56%	4.00%
TATACONSUM	1076.00	-12.90	-1.18%	9.83	106.82	1250.10	13.93%	882.90	21.87%	-2.35%	-5.38%
TATAMOTORS	679.00	-16.60	-2.39%	82.75	568.58	1179.00	42.41%	535.75	26.74%	-5.01%	-30.82%
TATASTEEL	159.99	-0.67	-0.42%	206.88	331.23	172.89	7.46%	122.62	30.48%	3.20%	-4.36%
TCS	3264.50	-117.50	-3.47%	76.34	2515.83	4592.25	28.91%	3056.05	6.82%	-2.34%	-13.49%
TECHM	1598.30	-1.80	-0.11%	25.59	407.66	1807.70	11.58%	1209.40	32.16%	-0.67%	9.34%
TITAN	3361.00	-58.80	-1.72%	8.57	289.97	3867.00	13.09%	2925.00	14.91%	-2.96%	6.04%
TRENT	5348.50	-82.50	-1.52%	9.42	506.83	8345.00	35.91%	4488.00	19.17%	-6.59%	-2.46%
ULTRACEMCO	12494.00	-22.00	-0.18%	2.40	300.99	12667.00	1.37%	10047.85	24.35%	9.88%	7.58%
WIPRO	258.10	-6.95	-2.62%	131.07	339.94	324.60	20.49%	228.00	13.20%	3.99%	-50.51%
ETERNAL	263.10	0.25	0.10%	165.27	434.95	304.70	13.65%	194.80	35.06%	2.80%	#VALUE!



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